



Nutritional Labeling

Overview

In 2016, the final Nutritional Facts Labels rules were released by the U.S. Food and Drug Administration (FDA) based on updated scientific information regarding the link between diet and chronic diseases. The compliance date was January 1, 2020 for manufacturers with \$10 million or more in annual food sales. Manufacturers with less than \$10 million in annual sales are required to comply by January 1, 2021. To assist with updating food nutritional labels, EMSL Analytical, Inc. offers full Nutritional Labeling Services using both laboratory-based analysis and database analysis

Key Changes

- Calories and Serving Size information has increased in font size and the footnote at the bottom of the label has been reworded to better explain Percent Daily Values.
- The 'Calories from Fat' section has been removed and 'Added Sugars' is required to be listed a percent of Daily Value (%D.V.).
- Vitamin D and Potassium have been added in place of Vitamins A and C, which remain as voluntary nutrients to be listed.
- Reference Daily Intake (RDI) amounts have changed for several nutrients impacting the %D.V. calculations.

EMSL Offerings:

- Laboratory-based Analysis
- Mandatory Nutritional Package
- Voluntary Nutritional Package
- Restaurant Nutritional Package
- Database Nutritional Analysis